

# Title: Medical Abbreviations

<b>Objectives</b> To learn and recognize the most common abbreviations used in prescriptions										<b>Time frame to Complete</b> 30 minutes											
										<b>NRS EFL</b> 4											
Stackable Cert.	Documentation	Technology	Study / Life skills	EL-Civics	Career Pathways	Police	Paramedic	Fire Rescue	Medical Asst.	EKG / Cardio	Phlebotomy	Practical Nursing	Healthcare Admin	Pharmacy Tech	IMT	AMT	HVAC	Welding	Other:	STNA	
							X		X		X	X		X						X	
<b>Standard(s) Addressed in Lesson</b> Read with Understanding																					
<b>Benchmark(s) Addressed in Lesson</b> R.4.7. Use word relationships to determine word meaning.																					
<b>Materials</b> <i>Prescriptions and Delivery Methods</i> handout <i>Medical Abbreviations</i> worksheet Pencil or pen																					
<b>Learner Prior Knowledge</b> Students should understand what an abbreviation is.																					
<b>Activities</b>  <u>Step 1</u> Begin by asking the class to describe any prescription medication labels they have seen – what information is written on the labels? How is it written? Do they usually understand all of the words?  <u>Step 2</u> Distribute the <i>Prescriptions and Delivery Methods</i> handout. Read through the list with students, clarifying meanings as necessary.  <u>Step 3</u> Students study the list of prescriptions. Encourage them to create mnemonic devices or think of other ways to remember the abbreviations (Example: three intakes daily = t.i.d. = three times a day.)  <u>Step 4</u> When the student feels ready, have him complete the abbreviations worksheet. Have the student check and correct his completed worksheet by using the list as his guide.																					
<b>Assessment/Evidence</b> Completed worksheet																					

**Adaptations for Beginning Students**

Allow lower level students to use the list while completing the worksheet.

**Adaptations for Advanced Students****Teacher Reflection/Lesson Evaluation**

This lesson was created by Middletown ABLE.

## Prescription and Delivery Methods

A prescription lists medication, dosage, instructions for use, number given and refill instructions. There are many abbreviations and symbols used in prescriptions. The following is a list of the most common abbreviations used in prescription writing.

Abbreviation	Meaning
a	before
a.c.	before meals
a.m.	before noon
b.i.d.	twice a day
c	with
d	day
h	hour
h.s.	at hour of sleep
noc.	night
p	after
p.c.	after meals
p.m.	after noon
p.o.	by mouth
p.r.n.	as needed
q	every
qd	everyday
qh	every hour
q 2 h	every two hours
q.i.d.	four times a day
q.o.d.	every other day
s	without
STAT	immediately
t.i.d.	three times a day
wk	week
yr	year

**Give the meaning of the following abbreviations.**

1. p.r.n. \_\_\_\_\_

2. q.i.d. \_\_\_\_\_

3. h. \_\_\_\_\_

4. t.i.d. \_\_\_\_\_

5. qh. \_\_\_\_\_

6. s. \_\_\_\_\_

7. p.c. \_\_\_\_\_

8. q.o.d. \_\_\_\_\_

9. d. \_\_\_\_\_

10. a.c. \_\_\_\_\_

11. q. \_\_\_\_\_

12. p.m. \_\_\_\_\_

13. qh. \_\_\_\_\_

14. c. \_\_\_\_\_

15. p. \_\_\_\_\_